



CDT MEMBERS NEWSLETTER

Welcome to CDT's Term 3 Member's Newsletter!

In this term's issue we have all the info you need about upcoming CDT events and classes as well as interesting bits and pieces about the dance community in Canberra generally.

Feel like something new? Why not try a difference class? Or check out the **What Performances are on in Canberra?** section below for great upcoming shows.

Want to be more involved in dance? Check out the details of our AGM, or read about the latest adventures of the various performance groups associated with CDT and the opportunities that are coming up.

So dance fans, enjoy Term 3!

Your Editor, Elanor.

IMPORTANT NOTICE - AGM

The Canberra Dance Theatre Annual General Meeting is on **Sunday 23 August 2009 @ 3.30pm** at the Studio. All financial members of CDT are welcome to attend.

The AGM provides information on the Board's activities during the year and elects new board members. Anyone who is interested in joining the CDT Board should contact Phillip on 0435 025 365 for a chat and then fill in the nomination form available from the Studio office. To nominate you must be a financial member of CDT and return your form by Friday 7 August.

The agenda and Annual Report is available on the website and from the office.

Please RSVP or send apologies to the CDT Chairperson, Brooke Thomas, on info@canberadancetheatre.org or 0437 290 776.

Classes And Workshops

High quality dance performances have always been part of CDT and there are plenty of opportunities coming up for all CDT members to have a go.

The Performance Class

Meets on Mondays at 8pm. A chance to explore your own creativity, this class focuses on creating short performance pieces. In Term 3 the class is working towards a site specific dance work for Floriade 2009. The 10 minute work will be performed in the Garden of the 5 senses at Commonwealth Park, and will be under the direction of Canberra choreographer Lailah Masiga, with live accompaniment by Jim Sharrock on percussion. Performances will take place on September 26 and 27, and October 3 and 4, at 12, 1 and 2 pm. If it sounds like something for you, feel free to join in.

CDT also has two stage performance slots scheduled at Floriade on 10 and 11 October on the Park Stage. In recent years CDT has showcased pieces in styles such as world fusion, belly dance and modern gypsy. These performances are vibrant and colourful and are part of a great community event. Look for more information from your teacher later in the term or contact Brooke Thomas on 0437 290 776.

Finally, don't forget the CDT Term 3 Performance Party on Friday September 25 at 8pm at the CDT Studio. This is a chance for *all* classes to share what has been learned during the term. Talk to your teacher about what your class may be doing.

TERM 3 PERFORMANCE PARTY

8pm, Friday 25 September @ CDT Studio

Great performances, food and drink, and a friendly bunch of people to talk and dance with.

Members free, non-Members \$5.

Please bring a plate of food to share.

WORLD DANCE WORKSHOP

With **Gretel Burgess**

Time: Sunday August 30 3-5pm

Place: CDT Studio, Barry Dr and Kinsley St, Canb City

Enquiries: 0435 025 365 or

info@canberradancetheatre.org

Cost: CDT Members – 1 class from Dance Card or \$20/\$16 conc. Non Members - \$25

The world fusion workshop will consist of learning folk and traditional dances from around the world, with a focus on Indonesian dance and movement, and martial arts from West Sumatra. The workshop will commence with a warm-up involving stationary and travelling exercises, to gain an understanding of the movement vocabulary of a number of different cultures. It will conclude with participants learning a contemporary world fusion piece incorporating all the movement learnt in the workshop

Gretel Burgess is a performer and teacher of drama, creative movement and world dance. She has directed, choreographed and performed in theatre and dance productions throughout Europe, Indonesia and Australia. She runs drama and dance workshops at local theatres, childcare centres, primary/high schools, colleges, universities, Ausdance summer holiday programs, local festivals and special events.

She has directed and facilitated drama and dance workshops for youth at risk, young people with mental health issues, physically and intellectually disabled adults and children, young parent groups and young women in refuges.

Gretel teaches creative dance/folk dance and drama at Belconnen Community Services in the wellbeing and resilience program – Bungee. Gretel also performs as a solo artist and in local performance groups around the country, including CDT – World Fusion Group and Full Circle Sacred Ceremony.

IMPORTANT NOTICE!

The Monday funk Hip Hop class has been cancelled.

From Week 3 Monday night Ballet will start at 6pm and the Performance class at 7.30pm.

IMPORTANT NOTICE RE PARKING AT CDT

There is a small parking bay at the rear of the ROCKS complex (which includes CDT, the ANU food Co-op, and Expressive Art Therapy) which CDT members can use when visiting the studio during business hours when it can be harder to get a park in the main paid parking area. The ROCKS parking bay is only open during the ANU Food Co-op's opening hours which are listed below. The ROCKS car park is locked before 10am to prevent city workers and students using these spaces as all-day car parks (they are intended to be short term parking for people going to ROCKS businesses but the signage is not clear).

If you happen to find your car locked in the parking bay after hours, the combinations to the locks can be obtained from anyone with access to the CDT office (board members and teachers). It is generally easy to find a park in the main car park after 5pm which is when most CDT classes occur. If you do need to unlock the barrier to get your vehicle out, please ensure the barrier is left properly secured.

ANU Food Co-op's opening hours:

Monday closed, but car park usually open 12 - 5pm while deliveries are received

Tuesday 10am - 7pm

Wednesday 10am - 5pm

Thursday 10am - 7pm

Friday 10am - 7pm

Saturday 10am - 4pm

Sunday 10am - 4pm

A FESTIVAL OF IMPROVISATION – PRECIPICE 2009

Time: Friday 11 September 10am to Sunday 13 September 5pm

Place: QL2 Centre for Youth Dance, Gorman House, Ainslie Ave, Braddon.

Enquiries: ptrotman@bigpond.net.au OR contact 0409 877766

Cost: \$150 for the whole course, \$50 per day or \$20 per morning workshop.

Precipice is a three day event that brings together experienced improvisers with a diverse range of practices and styles from all around Australia. Running for the last few years in Canberra, it provides a fantastic opportunity to work with peers and perform for each other over the course of three days - to watch, discuss, collaborate, investigate, and practise.

The program format is quite simple - there will be a workshop each morning (10 – 12 noon), two "in-house" performance events in the afternoon, and evening performances open to the public.

TO REGISTER?

1. Send an email to ptrotman@bigpond.net.au to confirm that you will be attending.
2. Confirm your payment options which may be either of:
 - a. Direct Deposit
 - b. Cheque to: Peter Trotman, 37/183 Kerr St, Fitzroy VIC 3065.

CONTACT IMPROVISATION WORKSHOP With Joey Lehrer

Time: Saturday 26 September 5.30-8.30pm

Place: CDT Studio, Barry Dr and Kinsley St, Canb City

Enquiries & Bookings: Contact Adelina on 0402 131 803 or adelinalarsson@gmail.com

Cost: \$35/\$30 concession – bookings essential!

Joey Lehrer is an improvisational performance artist, movement teacher and somatic practitioner. He is a respected teacher, writer and performer of the CI form – having taught extensively across Australia

and New Zealand. Joey enjoys creating a sense of playful focus, a space for exploration and fun, where improvisation does not get lost in concepts or skills.

Contact Improvisation is a highly enjoyable dance form that involves the dynamic interplay of natural forces, such as gravity & momentum, with the communicative ability of touch & contact.

This workshop is open to all levels of experience and will include playful explorations of general embodiment through movement, dancing states for improvisation & fundamental Contact Improvisation skills.

Participants should expect to feel invigorated, yet relaxed, with an increased sense of body awareness and integration.

CONTACT IMPROVISATION JAM!

Sharing weight, momentum, falling, lifting... if it looks like too much fun rolling around on the floor with other dancers, then yep it's probably a Contact Impro Jam!

The Contact Impro Jam is happening every Saturday now from 5.30 to 7.30pm.

So far we have had some awesome dances! It has worked out that if more Newbies turn up then one of the more experienced Jammers has often led a warm up or a short class. Other weeks we are just doing our own warm ups and getting straight into the jam.

Cost is \$5 each to cover use of the space.

Jammers also need to be current members of CDT which costs \$5 per year.

If you would like to know more about the Jam you can get in touch with:

- a. Thor thor.d@grapevine.com.au or
- b. Holly holly@dancenorthside.com.au

What performances are on in Canberra?

SEVEN

Leigh Warren & Dancers

August 20 - 22 @ 8pm

'The Q', Queanbeyan Performing Arts Centre,
A return with award-winning dance theatre production, Seven, an emotionally charged and thought-provoking production. Seven is guaranteed to get the blood rushing with its passionate themes of love, jealousy and betrayal. Winner of the 2008 Adelaide Fringe Award for Best Dance, Seven tells the story of seven people who share a common but unfortunate trait - they are all in love with the illusion of love. In its unique interpretation of the 'Snow White' fairy tale.

SID'S WALTZING MASQUERADE

Sydney Dance Company

The Playhouse 2-5 September 2009.

Choreographed by New York's Azure Barton, this work reveals the individuality of the company's 16 dancers – not only their physical differences but also their separate personalities. With a soundtrack ranging from baroque to jitterbug and costumes designed by fashion designer Michelle Jank in her first commission for the theatre, this is a show dedicated to contrasts and extremes.

Want cheap ticket's for Sydney Dance Company's Sid's Waltzing Masquerade?

Ask the Admin person at CDT, BEFORE August 30, to make your booking for our CDT members group, on Saturday Sept 5, 8pm.

Price: \$25 (usual adult price \$50)

SMOKEFREE YOUTH DANCE FESTIVAL

Ausdance ACT

Canberra Theatre 9-11 September 2009.

Each night is different, each night brings new dance to the stage in a non-competitive expression of youth dance and energy, with 1,300 dancers from 32 high schools and colleges in 45 separate original dance works using every dance style imaginable.

IMPORTANT DATES

Term 3 Ends: Sunday 27 September

Term 4 Starts: Monday 12 October

HANDY HINTS FOR DANCERS

- Arrive early for class so you can warm up in the way that is best for your body – do this before you ever do any stretching.
- Wear warm clothing before and after class to avoid the chills.
- Always bring a water bottle and sip it throughout the class.
- Check that the door and windows are closed to keep the warmth in.
- Ensure you have your name recorded before class, with the Class Administrator.
- Make sure your member details are up to date so you can receive important information like this newsletter!
- Please pay attention to the Emergency information on display in the studio.
- Please report any accidents or injuries to your teacher.
- Please invite a friend to come and taste the CDT experience with you!

Suggestions for a new name for the newsletter wanted!

Email to info@canberradancetheatre.org by the end of Term 3. Options to be voted on in the Term 4 Newsletter.