

CANBERRA DANCE THEATRE MEMBERS NEWSLETTER TERM 1, 2010



WELCOME!

A big welcome from CDT. Thank you for being with us for this new term and year. We have had an exciting and busy start to the year and you are all bringing a wonderful energy to CDT for 2010.

We have a new teacher this year – Dereta Lennon, who is taking the Intermediate Ballet class on alternate Thursday evenings. Dereta brings an extensive ballet experience to us, and please check out the website for the details. CDT's teachers amongst some of the best in Canberra so we hope you are enjoying the classes we offer. Please do feedback to us on what else you would like!

ARTISTIC DIRECTOR – LIZ LEA

As you will be aware, we are very excited to have Liz Lea with us as our Artistic Director for the year. Liz brings an amazing wealth of knowledge, experience, passion and skill, from around the world, and we are very privileged to have her with us. Thanks Liz!! Arriving in February, she has been running so fast ever since, the feet have hardly landed on the ground. A first message from Liz follows:

Hi! I have really enjoyed my first few weeks with CDT. I taught with the company last year and am delighted to be back as Artistic Director. There is so much Canberra has to offer and I get to work and play here. Along with being allowed to run amok in the Canberra Dance Community I am working with QL2 and researching at the Australian National Library and the National Film and Sound Archive, creating new work of my own. I really look forward to meeting you all over the next few months and dreaming up lots of ways we can get dance out there in the community. I hope to see lots of you at the Members Gig on the 9th April.

COMPANY MANAGER – MELINDA SPINK

After a long process of advertising, short listing, interviewing and decision making, we are very delighted to announce that Melinda Spink will be the new CM, starting March 29. Melinda brings a very broad life experience to the position, working at all levels of the business world, both in Australia and overseas, and most recently with CSIRO. In the next Newsletter, Melinda will no doubt tell her story. In the meantime, we wish Melinda a long and happy CDT connection, and she will be making contact with you all over the coming months.

SUNDAY WORKSHOPS

a. LIZ LEA & BURLESQUE SUNDAY MARCH 28, 3 – 5pm

CDT is continuing with a series of special Sunday workshops, providing an additional repertoire of dance experiences for our members. Next one is **THIS SUNDAY, MARCH 28, FROM 3 – 5**. Liz Lea is providing a taste of BURLESQUE, and you are welcome to attend for free.

Risque and contentious, Burlesque has experienced a new wave of popularity and the Arts of Tease is back! Burlesque had its hey day in the 1930's, and is traditionally a combination of all or one of the following: singing, dancing, comedy, striptease and mime. Today it is possibly the definition of kitsch, but sexy, sometimes rude and always with a sense of humor. Come along to learn the art of line, and engaging an audience with sultry sensuousness. Bring heels, boas, fans and fabulousness – come one and all, boys and girls.

It will be truly memorable! Don't miss it!!

**b. ADELINA LARSSON & IMPROVISATION,
SUNDAY APRIL 18, 3 – 5PM**

This workshop has been re-scheduled for the middle of our break, and is not to be missed. It will provide an opportunity to explore dance in a playful manner with the objective to extend movement vocabulary. By using different scores and tasks, we will gently guide our exploration together. We will find new ways to move in a wide range of dynamic qualities.

We will divide the two hours into three blocks starting with a high energy warm-up and then move in to the work of improvisation. This involves investigating in body awareness, following impulses, 'micro-macro' and other scores. In the third block we will use those scores in an open 'jam' where we will dance for each other in duets, trios and groups. We will end with a brief sharing about our experiences and findings.

This a great opportunity to develop your dance knowledge with Swedish movement based artist and contemporary dance teacher, Adelina Larson.

CLASSES

Our classes are building well and we now offer a total of 21 in our weekly schedule. We appreciate that some classes will take time to build, and we are keen to nurture them all, thus ensuring a wide variety of top quality dance classes are available to the ACT community.

Would you please take **class brochures and posters** with you to distribute and help spread the word, and encourage your fellow members to do likewise. Spares are available in the foyer.

INTERMEDIATE/ADVANCED CLASSES

We are presently running Int/Adv level classes in Ballet (Saturday) and Contemporary (Sunday), especially for the more experienced and professional dancers in Canberra. Sadly these are not well attended, and will be cancelled soon unless they can break even. We need at least 4 paying students per class. If you can help to spread the word about these classes, or are interested to attend, please do!!

**TERM 1 PERFORMANCE PARTY, Friday 9 APRIL,
8.15 pm**

As mentioned in previous emails, the end-of-term performance party will be held at 8.15 pm on Friday 3 April. We invite all classes to contribute a short excerpt of some of the work – class exercise, dance phrase, improvisation, choreographed dance – from your class during Term 1.

As well as an interesting night of dance it is also an opportunity to meet socially.

Members bring a plate of food to the performance party and CDT provides drinks.

The evening is free to CDT members, and \$5 to non-members.

SUMMER VENTILATION AND HYDRATION

Please **do turn on the** air conditioning **OR open the windows before your class commences**, to allow some cool/fresh air to circulate around the studio. PLEASE ensure that windows are closed if the air conditioning is on – otherwise the cool air just escapes without cooling the studio, wasting electricity.

Please feel free to sip water throughout the class too. Bottles may be refilled from the kitchen.

EMERGENCY PROCEDURES

1. Should you need to evacuate the CDT building in an emergency, please direct students to leave by the nearest and most appropriate exits as illustrated on the EVACUATION SIGNS displayed in the building – studio door or windows and the foyer door. The wire screens are easily removed.
2. Following evacuation, people should gather at the evacuation point on the opposite side of Kingsley St to the CDT entrance.
3. The class administrator, if available, will check that all people who were marked off the class roll have also evacuated safely. Please can you do this task if the class administrator is unavailable. The class register is kept on the office desk.
4. If possible, please collect and wear the HIGH VISIBILITY VEST hanging in the office door, so that you are easily seen as the person in authority.

CDT ANNUAL GENERAL MEETING, 2009

CDT'S annual general meeting is scheduled for May 23, 1pm, in the studio. Anyone interested in being on the CDT Board should contact CDT on 0437 290 776. Relevant information will be circulated next term.

PUBLIC HOLIDAYS

CDT classes are not generally held on public holidays, unless by prior arrangement between you, your class and CDT. If you are keen and available to teach, you need a minimum of four students to guarantee their attendance. CDT will supply a class administrator. Please contact 0435 025365 for further details.

For the coming Easter holidays, we will be closed from Friday April 2 – Monday April 5 inclusive.

TERM DATES

Classes will finish on Saturday April 10.

Please remind your class that Term 2 commences on **TUESDAY APRIL 27**. The two-week break between terms coincides with the ACT school holidays.

NEWS FLASH!!!!!!!!!!!!!!!!!!!!!!

CDT Flash Mob - fast and fabulous, 3 rehearsals for 4 performances!

We know how busy you all are but also how keen you are to perform so, join the CDT Flash Mob. A Flash of rehearsals - 3 for 4 Flashing performances around the city centre to wake Canberra up to CDT's community vibe!

Rehearsals @CDT Studio:
Thursday 29th April @ 7.30 - 8.50pm
Sunday 2nd May @ 10am -12pm
Thursday 6th May @ 7.30 - 8.50pm

Performances:
Friday 7th May @ 5.30 and 6pm in Civic
Saturday 8th May @ 11.30am and 12pm in Civic

PS. PERFORMANCES TO WATCH OUT FOR!

MOON - LAKE - WALKING

Mirramu Dance Company
849 Lake Rd, Bungendore.
Bookings: 0418 698196
March 27, 4-6pm
Bring rugs and cushions to sit on.

THE AGE I'M IN

Force Majeure
QPAC – 62980290
April 16 & 17

DANCE WEEK

Various gigs everywhere – check out the **AUSDANCE ACT WEBSITE:**
<http://www.ausdance.org.au/act/index.html>
May 1 – 9

DANCE AT THE EDGE

Belconnen Arts Centre, Emu Bank, Belconnen
Belconnen Arts Centre Bookings: 6173 3300
May 2

A feast of dance and dance films from northside independent dancers, including David Corbet, Tomas Dietz, Holly Diggle, Adelina Larsson, Liz Lea and Vivienne Rogis.

CDT DANCE WEEK DOINGS

CDT Flash Mob!!

7th May @ 5.30 and 6pm in Civic
8th May @ 11.30 and 12pm in Civic

CDT performance; 8th May @ 8.30pm at CDT Studios including QL2, CDT's Hilal, Liz Lea, Jane Ingall and Kulture Break. Exciting stuff so come along!

Ethnic/African Modern Dance Workshop; 3-4.30
9th May by Lailah Masiga

Enquiries: 0435 025365

SYDNEY DANCE COMPANY

WE UNFOLD

May 5 – 8
Canberra Theatre Centre Bookings: 6275 2700 or
www.canberratheatrecentre.com.au

BANGARRA DANCE THEATRE

A NEW DOUBLE BILL

September 3 - 4
Canberra Theatre Centre Bookings: 6275 2700 or
www.canberratheatrecentre.com.au