

# Move and Groove Dance Classes

### Move and Groove Timetable

All proceeds to Aged Care & Rehabilitation Service - Canberra Hospital

Sunday 1 <sup>st</sup> August 2010					Class #
11:30am - 12:30pm	Bollywood	Canberra Bollywood School of Dancing @ OC Studio	29 Dundas Court PHILLIP	8yrs +	1
1:00pm - 1:45pm	Salsa	Kokoloco	Level 1, 32 - 36 Colbee Court PHILLIP	15yrs +	2
1:00pm - 1:50pm	Ballet	Canberra Dance Theatre	Corner of Kingsley & Barry Drive CIVIC	16yrs +	3
1:45pm - 2:30pm	Brazilian Samba	Kokoloco	Level 1, 32 - 36 Colbee Court PHILLIP	All ages	4
2:00pm - 2:50pm	Contemporary	Canberra Dance Theatre	Corner of Kingsley & Barry Drive CIVIC	16yrs +	5
3:00pm - 3:50pm	Belly Dancing	Canberra Dance Theatre	Corner of Kingsley & Barry Drive CIVIC	16yrs +	6
3:00pm - 4:00pm	Tango	K'MOTION	Lower Ground 35-37 London Circuit CIVIC	18yrs+	7
4:00pm - 4:50pm	Hip Hop / Funk	Canberra Dance Theatre	Corner of Kingsley & Barry Drive CIVIC	16yrs +	8

Monday 2 <sup>nd</sup> August 2010					Class #
1:00pm - 1:45pm	Social Seniors Ballroom	Danzon	2 <sup>nd</sup> Floor, 10 Petrei Plaza CIVIC	Seniors	9
6:00pm - 8:00pm	Salsa	Gaby's Dance Studio Club TURNER	Southern Cross @ Turner Bowling Club MaCaughy St TURNER	All ages Under 16's - Adult supervision	10
7:45pm - 8:30pm	Tango	Danzon	2 <sup>nd</sup> Floor, 10 Petrei Plaza CIVIC	16yrs +	11

Tuesday 3 <sup>rd</sup> August 2010					Class #
9:30am - 10:30am	Groove (dance & fitness)	Energy Fitness Centre <b>FREE crèche available</b>	90 Hardwick Crescent HOLT	All ages	12
6:45pm - 7:30pm	Salsa	Danzon	2 <sup>nd</sup> Floor, 10 Petrei Plaza CIVIC	16yrs +	13
7:30pm - 9:30pm	Ballroom	Gaby's Dance Studio Club CIVIC	MacGregor Hall - ANU Corner of Childs St & Barry Drive CIVIC	All ages Under 16's - Adult supervision	14

<b>Wednesday 4th August 2010</b>					<b>Class #</b>
1:30pm - 3:30pm	Special Needs & Disabled Class	Dare to Dance	Shop 1, Holder Shops HOLDER	All ages	30
5:30pm - 6:20pm	Bollywood	Canberra School of Bollywood Dancing @ Space Dance Studio	34 East Row CIVIC	8yrs +	15
7:30pm - 8:30pm	Bollywood	Canberra School of Bollywood Dancing @ Tuggeranong Community Centre	Cowlshaw Street TUGGERANONG	8yrs +	16
7:30pm - 9:30pm + 9:30pm - till late social dancing	Ceroc (Modern Jive)	Gaby's Dance Studio Club CIVIC	MacGregor Hall – ANU Corner of Childs St & Barry Drive CIVIC	All ages Under 16's - Adult supervision	17
7:45pm - 8:30pm	Tango	Danzon	2 <sup>nd</sup> Floor, 10 Petrei Plaza CIVIC	16yrs +	18

<b>Thursday 5<sup>th</sup> August 2010</b>					<b>Class #</b>
6:45pm - 7:30pm	Zumba	Danzon	2 <sup>nd</sup> Floor, 10 Petrei Plaza CIVIC	16yrs +	19
8:00pm - 9:00pm	Bollywood	Canberra Bollywood School of Dancing @ OC Studio	29 Dundas Court PHILLIP	8yrs +	20

<b>Friday 6<sup>th</sup> August 2010</b>					<b>Class #</b>
11:00am – 12:00pm	Social Seniors Zumba	OC Studios (O'Connor Talent Academy)	29 Dundas Court PHILLIP	Seniors	21
7:00pm - 8:30pm	Salsa	K'MOTION	Lower Ground 35-37 London Circuit CIVIC	18yrs +	22
7:30pm - 8:30pm	Bollywood	Canberra School of Bollywood Dancing @ Legs Dance Studio	Corner of Reed & Schollay St GREWENWAY	8yrs +	23

<b>Saturday 7<sup>th</sup> August 2010</b>					<b>Class #</b>
10:30 am - 11:30am	Hip Hop	Dance Central	Level 1, 21 Altree Court PHILLIP	15yrs +	24
11:30am - 12:15pm	Social Seniors Rumba Cha Cha	Danzon	2 <sup>nd</sup> Floor, 10 Petrei Plaza CIVIC	Seniors	25
1:00pm - 2:00pm	Ballroom	K'MOTION	Lower Ground 35-37 London Circuit CIVIC	18yrs +	26
1:00pm - 2:00pm	Broadway Jazz	Dance Central	Level 1, 21 Altree Court PHILLIP	15yrs +	27
2:00pm - 3:00pm	Rumba Cha Cha	K'MOTION	Lower Ground 35-37 London Circuit CIVIC	18yrs+	28
3:00pm - 4:00pm	Jive	K'MOTION	Lower Ground 35-37 London Circuit CIVIC	18yrs +	29

Please note: Class timetable is subject to change due to instructor availability.

For phone bookings and enquiries please phone Hayley Kershaw on 6244 2963 or 0400 306 162 or

Fill in the attached booking form and return it to:

**Hayley Kershaw**

POST: Volunteers & Fundraising

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**ENJOY MOVING & GROOVING!**